ADULT PROGRAMS

Timetable subject to change during school holidays - check changes in centre.

Aquabliss also offers **Adult Learn to Swim** and **Stroke Development** classes.
Subject to demand & availability. **Contact us for more details.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HYDROTHERAPY	2:00pm - 3:00pm	2:00pm - 3:00pm	2:00pm - 3:00pm	2:00pm - 3:00pm	2:00pm - 3:00pm	
PRICING	CASUAL	$16.00	CASUAL CONCESSION	$13.50		
	5 VISIT PASS	$64.00	5 VISIT PASS CONCESSION	$54.00		

Note: It is important that participants always bring a water bottle to any of these sessions.
Even though you are immersed in water your body still sweats and loses fluids.

*** Except public holidays and extended holiday closure. Timetable may differ during school holidays.**

www.aquabliss.com.au