AQUABLISS

ADULT PROGRAMS

2026*

Timetable subject to change during school holidays - check changes in centre.

Aquabliss also offers **Adult Learn to Swim** and **Stroke Development** classes.
Subject to demand & availability. **Contact us for more details.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIMMING	9:00am - 12:00pm			8:00am - 11:00am	9:00am - 12:00pm	
PRICING	CASUAL	$10.00	10 VISITS	$90.00		
AQUA AEROBICS				8:00am - 9:00am		
PRICING	CASUAL	$21.50	10 VISITS	$193.50		
PRICING - SENIORS	CASUAL	$18.00	10 VISITS	$162.00		

Note: It is important that participants always bring a water bottle to any of these sessions.
Even though you are immersed in water your body still sweats and loses fluids.

*** Except public holidays and extended holiday closure. Timetable differs during school holidays.**

www.aquabliss.com.au